

# Why Book With Us.



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In-House Training Specialities

# Timetable.

## First Day Morning

### Session One

#### An Introduction To The Course

During this session the students will be introduced to one-another and the subjects at hand, and then given a general outline of what will be discussed during the course.

### Break

#### Quick Questionnaire

The students will be given a quick questionnaire to fill out, which will let us gauge the student's current understanding, allowing us to better tailor the course to suit the individual.

### Session Two

#### Health & Safety : Procedures, Accidents & Authorities

During this session the students will be introduced to health and safety procedures, including an overview of the legislative bodies overlooking the construction sector as well as a brief examination of accidents and their potential prevention in the UK.

### Session Three

#### Legislation : The Health & Safety at Work etc Act 1974

In this session the students will be taught about legislation pertaining to Health and Safety within the Construction Industry- including responsibilities and the potential liability of the employer.

### Lunch Break

#### Course Amended For Student Suitability

The tutor will review the questionnaires of the students, as well as their progress throughout the day, and will make changes to the course so as to make it more viable for the students.

# Timetable.

## First Day Afternoon

### Session Four

#### Health & Safety : Responsibilities of the Manager

The students will be taught about the responsibilities of the manager in regards to health and safety

### Group Exercise

#### Implementing Health & Safety Legislation

The students will partake in a practical exercise so as to demonstrate and review what they have learnt

## Second Day Morning

### Group Exercise

#### Implemented Health & Safety Legislation

The students will discuss the previous day's exercise so as to increase the group's understanding

### Session Five

#### Heights: Dangers & Precautions in the construction industry

During this session the students will be taught about safety protocol when working at dangerous heights, including:- Risk assessment, planning and regulations

### Session Six

#### Safety On Construction Sites

Students will be taught about everyday hazards on construction sites, covering:-ladders, scaffolding, first aid and more.

### Lunch Break

# Timetable.

## Second Day Afternoon

### Session Seven

#### Construction Industry Relationships

Students will be taught about the relationship between principle contractor, contractor and clients will also be informed of specific construction regulations.

### Session Eight

#### Health & Safety Management : Equipment & It's Appropriate Usage

Students will be taught about equipment that they will need to fulfill specific tasks, as well as what kind of equipment is required in various scenarios to prevent potential accidents.

### Group Exercise

#### Responsibilities of the Managers & Supervisors

The students will partake in a group exercise where they discuss the responsibilities of managers and supervisors

## Third Day Morning

### Group Exercise

#### Responsibilities of the Managers & Supervisors

A discussion on the group exercise that took place on the previous day so as to make sure that all the students are at the same place

### Session Nine

#### Health & Safety On Construction Sites

The students will be taught about the dangers of working on construction sites and how to deal with them, including:- asbestos, noise at work, manual handling, potential injury from vibrations and waste management

### Lunch Break

# Timetable.

## Third Day Afternoon

### Session Ten

#### Monitoring Health & Safety On Construction Sites

The students will be taught about how to report accidents and how accidents are investigated, as well as general information on health and safety inspections

### Group Exercise

#### On-Site Instructions

Students will be briefed on how to act and perform their duties on a construction site.

## Fourth Day Morning

### Group Exercise

#### On-Site Instructions

The students will discuss the previous day's exercise and share their findings with one another.

### Session Eleven

#### Health & Safety : Communicating

The students will be taught how to provide information, instruction and training and will learn about the 'Cskills Awards Site Safety Plus'.

### Session Twelve

#### Health & Safety : Hazards On The Construction Sites

Students will be taught about specific construction site dangers and how to tackle them, these include:- exposed electrical devices, flammable substances and fire precautions, underground and overhead services and how to deal with confined spaces.

### Lunch Break

# Timetable.

## Fourth Day Afternoon

### Group Exercise

#### Planning A Construction Site

The students will undergo some revision of what they have learned so as to prepare for the examination.

## Fifth Day Morning

### Group Exercise

#### Preparing For The Examination

The students will undergo some revision of what they have learned so as to prepare for the examination.

### Examination

The students will take the examination

## Fifth Day Afternoon

### Group Exercise

#### Debriefing : Course Discussion

Students will be asked to give feedback on the course, so as to allow us to examine how we may be able to improve our courses .

# Contact Us.

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